

## Descriptions for 2020 Summer Online Auction – as of June 3, 2020

**Pocket Full of Stories** is a story finding activity designed to help you get thinking about stories that you can use for an upcoming event like a job interview, or when creating a cover letter, or launching your book/ album. the winner would choose an hour using Anna Marie's online booking page: <https://bookme.name/careerlinguist>  
<http://careerlinguist.com/2020/04/01/pocket-full-of-stories/>

### **Steer Your Story: Tools to feel less anxious and more at ease in current times**

Do you feel scared and overwhelmed?

Are you driven by a sense of urgency and uncertainty?

In light of COVID19, **Kristin Pedemonti** adapted her healing from trauma workshops to focus on moving through this current unprecedented pandemic while maintaining balance as we walk this tightrope together.

This workshop is designed so you can steer your story, rather than it steering you.

What will we do?

Trauma-informed guided reflections, journaling and small group activities all via Zoom video meeting.

You will learn tips, tools and techniques you can use immediately so you can feel more at ease and less stressed.

What will you learn?

- \*Understand impact of secondary trauma.
- \*Identify and unpack your personal fears and anxieties.
- \*Acknowledge + gently Reframe so you can shift into a more productive and less fear filled narrative.
- \*Learn how to ask different questions and use new lenses to change perspective, focus on what you CAN control.

The tools and techniques in Steer Your Story are validated and tested through 30 workshops and based on 30+ years of theory and foundation. 30 CE credits from the Canadian Therapeutic Association at the Vancouver School for Narrative Therapy.

In 2019, Kristin Pedemonti toured the US and Canada delivering 20 Steer Your Story workshops for 220 survivors of abuse, addiction, childhood trauma, domestic violence, homelessness, incarceration, trafficking and war. In 2020 she took the tour online and has continued facilitating in service to those moving through anxiety.

“As a veteran experiencing the threat of unknown and death and also as a Nurse Practitioner dealing with death and dying I have found Steer Your Story incredibly helpful. My journey came crashing down three years ago when all of my traumas hit me at once and I was left to face them with little help. Steer your story has help me to take the grab the steering wheel and begin to steer my story in a positive direction. Instead of waiting for the stress and the unknown I can steer my story to a place of happiness and tranquility.” Heath Tunnell, Veteran and Nurse Practitioner

[www.steeryourstory.com](http://www.steeryourstory.com)

### **Great Set of Marketing Books**

A good storytelling career = great stories + great marketing! Linda Gorham ([www.LindaGorham.com](http://www.LindaGorham.com)) is donating part of her collection of books which she used to research for two of her renown workshops:

***"I Know I'm Good. You Need to Know Too! Now Hire Me!"  
"Showcases ... A Fantastic Marketing Tool!"***

These paperback books are in great condition; some paragraphs have been marked with highlighter. The original purchase cost of the entire collection was \$92. These books were published from 1993-2003.

Guerrilla Marketing: Secrets for making big profits from your small business

The Complete Idiot's Guide to Successful Presentations

Presentations: Proven Techniques for Creating Presentations That Get Results

How to Be Your Own Booking Agent and Save Thousands of Dollars

How to Get the Most Out of Trade Shows

Speak with Confidence: Powerful Presentations That Inform, Inspire, and Persuade

**Punch and Judy Set** Nine puppets plus script and pitchfork, club, broom. Classic tale of Everyman against the world. Individual puppets can be used many ways. Clown loses head, alligator works with Wide Mouthed Frog, Devil, Judy and Punch. Have seen the classic tale told and many variations as well. Washable. Durable. Lightweight. Comes with a reusable zippered bag. No stage required. Value: \$100. Donated by Patricia Coffie <http://northlands.net/member-pages/coffie/>

**A custom-made paper cut illustration by Randel McGee** of a story of your choice! The higher the winning bid, the more elaborate the cutting. Illustration will be approximately 7" x 10", mounted on blue archival paper and sent to you for framing. This photograph is an example of his exquisite work. <http://mcgeeproductions.com/paper-crafts-arts/> Value: \$75+ <http://mcgeeproductions.com/paper-crafts-arts/>

Two copies of **A Life in Storytelling: Anecdotes, Stories to Tell, Stories with Movement and Dance, Suggestions for Educators**, donated by the author Binnie Tate Wilkin. In this book, Ms. Wilkin shares storytelling history, unique techniques, and anecdotes from more than fifty years of experience and courses taught in major universities. Wilkin is a nationally recognized professional storyteller, writer, and consultant. In October, 2019, she was inducted into the California Library association's *LIBRARIAN HALL OF FAME*. In addition to *A Life in Storytelling*, Ms. Wilkin's publications include *African American Librarians in the Far West, Pioneers and Trailblazers; African and African American Images in Newbery Award Winning Titles...*all published by Roman and Littlefield/Scarecrow Press. Currently, Ms. Wilkin is on the Nevada Arts Council's roster of performing artists. Value: \$60. <https://www.nvculture.org/nevadaartscouncil/wp-content/uploads/sites/3/2018/12/Binnie-Wilkin-Las-Vegas.pdf>

**Tree Tunnel** An unframed 5"x7" original watercolor painting by Ruth Halpern [www.ruthstory.com](http://www.ruthstory.com) Value: \$50

**Watercolor by Cathryn Fairlee** In addition to being a fabulous storyteller and community builder, Cathryn Fairlee was a professional watercolorist who created this still life of beauty and mournfulness. 23" x 27", framed and mounted. Value: \$200. Donated by Ruth Halpern [www.ruthstory.com](http://www.ruthstory.com)

**Talking Drum** 8" in diameter, 20" high. Value: \$80 Donated by Kate Dudding [www.KateDudding.com](http://www.KateDudding.com)

**Custom Made Socks** – you specify the size, the type of yarn (wool or non-wool), the style (classic or funky), and the color. Value: \$60 Donated by Kate Dudding [www.KateDudding.com](http://www.KateDudding.com)

**Two Books:** *The Serpent and the Goddess* (paperback), *The Chronicles of the Celts* (hardcover). Value: \$44. Donated by Kate Dudding [www.KateDudding.com](http://www.KateDudding.com)