



# PROGRAM DETAILS

All programs in the Theatre will be livestreamed. A ticket including all livestreamed events is available on the NSN website for \$75.  
 Full Conference tickets include the Virtual programs.  
 All times are Pacific Daylight Time.

## THURSDAY JULY 11

1:00 pm

**Check-in** begins at Dumas Bay Centre

3:00 - 7:30 pm

**Shuttle** runs from hotels (Comfort Inn and La Quinta) to Dumas Bay Centre

3:00 - 3:55 pm

**Story Swap** | Stone Circle/Gazebo

4:00 - 5:00 pm



**“Welcome to the Conference! Building a Conference Community”**  
Lawn (Rehearsal Hall if rain)

- **Sue O’Halloran**
- Often, it’s not until the last day of a conference that things really start to gel. But why wait till then? At this conference, we create a warm and receptive atmosphere before the first workshop or concert begins. In this opening, interactive session, newcomers and old-timers alike feel immediately welcomed and connected. Everyone leaves the session excited to get started having met colleagues with whom they can share meals and conference fun and learning.

5:30 - 6:30 pm

- **Dinner** | Heron, Osprey, Eagleview 1
- **NSN Board and Diamond Donors Dinner** | Eagleview 2

6:45 - 8:45 pm



**Pacific Northwest Regional Showcase**  
**Theater & Livestreamed**

- Emcee: **Pat Peterson**
- Opening by: **Gene Tagaban**
- Tellers: **Eva Abram, Tobey Anderson, Eric Foxman, Ken Iverson, Ingrid Nixon, Joy Ross**



8:45 - 9:00 pm

**Sunset Viewing** | Lawn or Eagleview 1-2

## THURSDAY JULY 11 - CONTINUED

9:00 - 10:00 pm



**FRINGE | Linda Batlin | Heron**

### **“Meet Doc Susie - Colorado’s Mountain Doctor”**

- Dr. Susan Anderson was the first woman doctor in Fraser, CO. The story tells of her life, how she became a doctor, and tells of her struggles, challenges, and triumphs.



**FRINGE | Roopa Mohan | Osprey**

### **“A Living History Portrayal of Kasturba Gandhi”**

- Meet the wife of Mahatma Gandhi, a freedom fighter in her own right, as she evolves from a child bride to activist, in South Africa and India. This Chautauqua style presentation will be followed by a Q & A.



**FRINGE | Tama Lunceford | Rehearsal Hall**

### **“Silent Shadows: Unveiling the Grim Tapestry of Human Trafficking”**

- Embark on a poignant journey through 'Silent Shadows: Unveiling the Grim Tapestry of Human Trafficking,' a storytelling program that courageously exposes the harsh realities of global, urban, and rural trafficking. Through riveting narratives, this program illuminates the dark corners of human exploitation, providing an intimate understanding of the victims' struggles. Each story serves as a call to action, inspiring compassion and urging collective efforts to dismantle this pervasive evil. 'Silent Shadows' transcends borders and illuminates the resilience of survivors, igniting a flame of awareness and empathy. Join us in breaking the silence, forging a path toward a world where humanity triumphs over the shadows of trafficking.



**FRINGE | Chisom Ogoke | Eagleview 2**

### **“In the Hands of a Storyteller”**

- Let's begin with a call-and-response:

Story. Story. Story!

Once Upon a Time? Time. Time.

In the Hands of a Storyteller is a compilation of original stories inspired by West African folktales, Bajan proverbs, and the tellers who shared them with me. I made these tales over the past three years within my home state of Texas and abroad. What began in Texas as short stories during my master's program in creative writing became oral performances in the Eastern Caribbean country of Barbados through the U.S. Fulbright Program. What started as a simple curiosity in Nigerian oral tradition became a passion for learning more about my storytelling heritage and practicing the craft for live audiences. From Texas to Barbados to Nigeria, I bring you the fruits of my journey as a storyteller. As every good storyteller is worth their word, rest assured, you are in good hands.

10:00 -  
11:00 pm

- **Story Swaps | Eagleview 1, Osprey**
- **Musical Jam Session | Rehearsal Hall**
- **Note:** Swaps and Jams may continue beyond 11pm for those not taking the Shuttle

Shuttle-PM

Leaves for hotels (Comfort Inn and La Quinta) at 09:15, 10:15, 11:15pm

## FRIDAY JULY 12

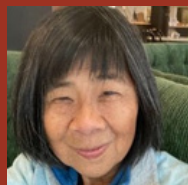
Shuttle-AM

Leaves hotels (Comfort Inn and La Quinta) bound for Dumas Bay at 06:45am, 08:00am, 07:30am, 07:45am, 08:40am, 09:10am (10-15 minute trip)

6:30 - 8:50 am

**Breakfast for Dumas residents** | Heron, Osprey

7:30 - 8:00 am



### Early Morning Activities

**Bowen Lyam Lee | Lawn (Rehearsal Hall if rain)**

#### “Tai Chi Fusion”

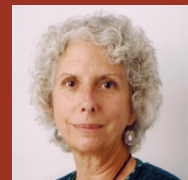
- Find your flow with Tai Chi Fusion. Tai Chi and Qi Gong for physical, mental, and spiritual good health whether you're standing, sitting, or dancing! It's good for the body, good for the mind, and good for the soul. Not a set you have to learn and memorize. Just follow the simple movements and repeat the easy patterns. All physical ability welcome. If you can visualize it, you can do it! Start your day in the flow!

**Coral Conant Gilles | Lawn | ECO**

#### “Wonder Wander”

- Join Coral, Storytelling Naturalist, in greeting the day by greeting the Earth. Using all of our senses, we'll take a short walk noticing the tiny treasures that surround us. We'll deepen our connection to ourselves, each other, and the Earth through gratitude, listening to the stories of non-human beings, and discovering a different take on land acknowledgements. All abilities welcome. Return to the conference feeling rooted and inspired. Each morning will be different, so join me for both.

8:00 - 8:30 am



### Early Morning Activities

**Fran Stallings | Lawn | ECO**

#### “Explore NW Forest with a Hand Lens”

- See vestiges of old growth forest, native species contending with invasives, and the wonders of ferns, mosses, and lichens. Sturdy walking shoes recommended.

**Wini Vijayakumar | Lawn (Rehearsal Hall if rain)**

#### A Story-Yoga Experience “Breathscapes: Tales and Pranayama from the Heart of Pranapur”

- Dive into oneness, relaxation, balance, and rejuvenation with Wini, an internationally certified yoga instructor and an ETSU Storytelling Masters graduate! Amidst nature's whispers, immerse in "pranayama" – yoga's breath control, drawing from "prana" (life force). Journey through "Pranapur," where each breath technique takes a character's form. This session weaves a tale with yoga, inviting you to embody an ancient healing practice. No attire or experience needed, just a mat/chair and an open heart.

8:20 - 8:50 am

### Early Morning Activities

**Norm Brecke and Anne Rutherford | Eagleview 1**

#### “Wake Up and Sing”



9:00 - 10:30 am



**Panel | Theatre & Livestreamed | PRO**

**“Untold Narratives and Restorative Programs-Sharing Program Modes for Individuals Who are Incarcerated and Restored Citizens”**

- Kevin Cordi, Montez Day, Kendra Hovey, Michael D. McCarty, Ellen Munds, Blakk Sun
- Each member of the panel works to amplify stories of people who are marginalized. The people they work with have been or are incarcerated. This is not the only story they share. The stories are powerful and have deep resonance for everyone involved. Learn about the Arts in Corrections Program in California, Healing Broken Circles in Ohio, and Hear Our Stories: The Life and Afterlife of Incarceration in Indiana. These storytelling programs give communities that are often voiceless, a voice. The panel includes the voices from these programs and the storytellers who work with them.

**Cyndera Quackenbush | Eagleview 1 | YES**

**“Weaving Wiles: Creating Trickster Tales that Captivate”**

- Have you ever been enchanted by the mischievous charm of trickster tales? Prepare to embark on a captivating journey of cunning and creativity! With the guidance of a seasoned storyteller, Cyndera Quackenbush, you'll discover the secret threads that connect tricksters from diverse cultural backgrounds, from Bulgaria to Southeast Asia. Whether you bring your own ideas or use our story stones for inspiration, you'll leave with new tales filled with laughter and wonder!

**Lee-Ellen Marvin | Magnolia | ECO-YES**

**“Motivating Change with Storytelling Programs”**

- Storytelling is an oral tradition. Yet as performers our bodies also can speak volumes. We will explore the many ways we can include both large and subtle movements to help tell a story effectively and how movement can compliment the voice. This is an exploration. Very participatory and active! Come ready to play and take risks in a safe environment and walk away with new tools! Wear loose, comfortable clothes.

**Sarah Beth Nelson | Osprey | PRO**

**“The Heat of the Stage”**

- Is the performer on the stage a royal, elevated above all others and the center of attention; or a jester, there for the pleasure of the audience? Elements such as stage height, lighting, and sound can all impact how teller and audience come together. Based on research with open mic and story slam shows and building on Marshall McLuhan's interpretation of medium theory, this presentation discusses the impact of the “heat” of the stage.

**Craig Colombel & Ralph Huntzinger | Heron**

**“Magical Aspects Woven into Storytelling”**

- Strong storytelling elements fused with magical techniques strengthen storytelling. Visualization combined with actual happenings creates deep impressions of wonder. Explore supportive magical techniques, learn effects, time for discussion. Storytelling's vocal behaviors and words and magic's non-verbal behaviors examined. All will be explained by working magician storytellers. Basic “moves” of the four magic rope effects taught are not complex. References, sources, and advanced techniques outside the workshop will be supplied.

## FRIDAY JULY 12 - CONTINUED

9:00 - 10:30 am



**Steve Daut | Rehearsal Hall**

### **“Loosen Up with Improv!”**

- In this workshop, you are the show with Improv games! Through a step-by-step process, participants will develop teamwork and trust, and will learn some of the basic tools of the Improv trade, such as teamwork, mutual support, being present, listening, and receptiveness to those around you. So, fire that internal judge, loosen up, get a little crazy, and prepare to have a lot of fun!



**Merna Hecht | Trillium**

### **“Refugee Storytelling and Poetry: Building Communities of Compassion and Belonging”**

- This intensive dives deep into a lively sequential process developed over twelve years of honoring refugee voices with tools from poetry and visual arts for bringing forth stories and poems that address profound connections to loved ones and home places. We'll practice this process with our own stories of loss, change and hope, emphasizing its effectiveness in working with refugees, immigrants, and other diverse groups for bringing marginalized stories and voices into wide community visibility.



**Ruth Stotter | Eagleview 2**

### **“Partnering Up!” Tandem Storytelling**

- Opening a program, adding variety to solo telling performance, or offering a program of dual tellers...two tellers presenting a story together adds texture, excitement, and variety! Unlike typical theatre, tandem tellings offer opportunities to maintain both intimacy and entertaining performances. Techniques, directions, and stories will be provided. You will negotiate and develop tandem tellings with different partners. This workshop is formulated to ignite your creativity!

10:30 -10:45 am

**Break**

10:40 am -  
1:00 pm

### **PowellsWood Tour: Into the NW Forest**

- Walking shoes and rain gear, if required. If you purchased lunch, a box lunch will be provided for you to enjoy at the garden. ECO SIG will share stories of plants you will encounter and you will then be guided down into the forest by Powellswood Garden staff. <https://www.powellswood.org>

10:45 am -  
12:15 pm



**Panel | Theatre & Livestreamed | HSA-SIO**

### **“Using Storytelling to Plant the Seeds of Social Change”**

- **Eva Abram, Milbre Burch, Heather Forest, Jo Radner**
- Each of the panel members uses storytelling to address food, racial, and gender equity, explore connections between social problems and environmental issues, and plant the seeds of social change. In this spirited roundtable, they will describe their experiences creating, performing and assessing the impact of social justice performances, and will encourage participants to consider their own concerns and plan action steps to plant their own seeds of change.

10:45 am -  
12:15 pm



**Binnie Tate Wilkin | Eagleview 1 | YES**

**“Culture Sharing Through Storytelling... Presentation, Participation, and Fun”**

- Did You know that African Americans eat black-eyed peas as a New Year “good luck” ritual? Come join us and share stories which contain cultural elements. Binnie Tate Wilkin will present stories from an African - American perspective and invites you to bring stories with your own viewpoint. In an interdependent world, the more we learn about each other, the more we can connect. Story programs can accomplish similar goals. We will LISTEN, LEARN AND ENJOY!



**Elizabeth Ellis | Eagleview 2**

**“Coaching Session”**

- Author of From Plot to Narrative and Prepare to Scare and co-author of Inviting the Wolf In: Thinking About Difficult Stories, Elizabeth Ellis employs patience and listening from the heart to adapt to the needs of each teller. All types of tellers and tales invited. Observers welcome, but should stay for the entire session. The four tellers to be coached will be pre-registered.



**Sheila Arnold & Sue Kessler | Osprey | SIO-PRO**

**“Don’t Take Away My Zoom Just Because You Can!”**

- During the pandemic, storytelling conferences, festivals, and gatherings went virtual. We had no choice. Along with others, Artists Standing Strong Together (ASST) opened our world to people from every culture and style imaginable. We’ve come back to in-person performance with new ideas and exposures, but not every audience can follow us there. Online programming grants access to a community that had been excluded before. Let’s explore the incredible on-going possibilities of the Zoom-osphere.



**Kathleen Santopietro | Heron | HSA-PRO**

**“What’s a Memory? Storytelling for Elders”**

- How can storytellers engage and enthrall different groups of elders? Workshop participants will review key elements of brain research regarding attention and memory, identify elements of effective programs for seniors, and discuss ways to market oral storytelling in independent and assisted living as well as memory care facilities.



**Kevin Cordi | Rehearsal Hall | YES**

**“Unlocking the Power of Purposeful Play”**

- Stories are like seeds, waiting to sprout, grow, and flourish. Too often, we focus on stories when they are fully formed, neglecting the vibrant potential that exists during their gestation. This intensive program, "Unlocking the Power of Play," is designed for storytellers with unfinished tales, those who wish to explore and nurture the seeds of their narratives. Through the art of play and the support of a storytelling partner, we will embark on a transformative journey to breathe life into your stories like never before.



## FRIDAY JULY 12 - CONTINUED

10:45 am -  
12:15 pm



**Cory Howard | Trillium | SIO**

### **“Including the Audience in the Conversation: Widening the Circle of Your Story”**

- It is said that storytellers are “in conversation with the audience” but what does that mean? This workshop proposes thinking and working more deeply with this idea. Opening up opportunities for participation in a story is a way of transcending the telling of the story to offer the audience ownership of the experience you are facilitating. In this workshop we will tinker philosophically and practically with how to open up our stories to our audiences.

**Loren Niemi | Magnolia | SIO**

### **“The Erotic in Stories”**

- We are not talking about porn or cliché. Instead think about the Erotic as the “spell of the ordinary” - the effect of light and shadow, taste, smell, sound, suggesting intimacy and inviting connection. This workshop explores how we can find the erotic in personal and traditional stories using description and metaphor as a tool for casting a “spell.” Be prepared to abandon shame in favor of playful exploration as the work knows no prejudice.



12:15 - 1:15pm

- **Lunch | Heron, Eagleview 2, Rehearsal Hall**
- **PRO Lunch and Producer’s Guide Launch | Osprey**
- **HSA Lunch | Eagleview 2**

12:25 - 2:45 pm

### **PowellsWood Tour: Into the NW Forest**

- Walking shoes and rain gear, if required. If you purchased lunch, a box lunch will be provided for you to enjoy at the garden. ECO SIG will share stories of plants you will encounter and you will then be guided down into the forest by Powellswood Garden staff. <https://www.powellswood.org>

1:15 - 2:45 pm



**Ingrid Nixon | Theatre & Livestreamed**

### **“Vividness, Verve & Vigor: Word Play for Stronger Stories”**

- Vivid language, plus verve and vigor in delivery makes for engaging, memorable stories. In this active workshop we’ll explore creative, compelling ways to use language to enliven the tales you tell. Bring a story you are working on. Leave with practical ideas you can readily put into play.



**Heather Forest | Eagleview 1 | HSA**

### **“Mastering Stage Fright”**

- Storytellers of every skill level have performance anxiety at some time. The experience of being nervous and being excited are closely aligned. In this practical skill-based workshop, participants will learn to transform self-limiting nervous energy into the fuel for creative expression in performance. Through demonstration and playful interactive exercises, participants will explore rehearsal techniques, visualization, and improvisation skills to build confidence and clarity of intention in performing oral tales.

## FRIDAY JULY 12 - CONTINUED

1:15 - 2:45 pm



**Jen and Nat Whitman | Osprey | YES**

### **“What’s the Buzz? Connecting Tales to Teacher Talk!”**

- Do you craft tales linked to SEL? Support students with PBL? Work with teachers in PLCs? Have you considered storytelling in relation to the SoR? Do you feel like you're translanguaging right now? Join us as we unpack some of today's popular buzzwords in education! We'll keep it active with plenty of brain breaks and you'll leave with the grit and growth mindset you need to justify storytelling to any school administrator-using teacher talk!



**Jamie Brunson | Heron | PRO**

### **“Storytelling in Action”**

- Stories are powerful catalysts, sparking dynamic community conversations around the things that are important to us all. As an art form, it can move us - with empathy and understanding - from the ordinary world, to the extraordinary. Jamie J. Brunson, Executive Director of First Person Arts (FPA) and Founder of its Applied Storytelling division, will share the story of how First Person Arts uses storytelling to combat gun violence and other social justice issues. We will review how to build partnerships, generate funding, and design an impactful program.



**Nancy Donoval | Rehearsal Hall**

### **“The Audience’s Journey: Crafting the Emotional Arc of Your Story”**

- What’s the difference between Plot and Emotional Arc? Why is consciously crafting the emotional arc so important to the audience’s experience? And, how exactly does one do that crafting? The framework and concepts for this intensive grew out of Circle of Excellence recipient Nancy Donoval’s 35+ years as a storyteller, teacher, and story coach. This interactive session is for advanced and beginning storytellers. Bring a story or story fragment to work on.



**Liz Weir | Trillium | HSA-PRO**

### **“Is She Still Talking?” Storytelling for people living with dementia.**

- A practical workshop on storytelling for older people and those living with dementia. It aims to show how storytelling can effectively promote inter-generational activity, preserve memories, improve self-esteem and value the memories and contribution of older members of our community. It links the past, present, and future. The presentation will be inter-active and practical.



**Rebecca Hom | Magnolia**

### **“Diggin’ Deeper to Soar Higher”**

- Our storytellers' curiosity can lead us to great stories. Follow that curiosity and a story expands into an entire series. In this interactive presentation, Rebecca Hom will share the experience of following the stories of US Women Pilots of WWII. Digging deeper, allowing the story to breathe and grow, a series emerged, presented to diverse audiences with wide interests. Come along. Follow your curiosity. Dig into your topic. Mine your rich vein of stories.

2:45 - 3:00 pm

**Break**



3:00 - 4:30 pm



**Panel | Theatre & Livestreamed**

**“Strong Like Bamboo: Stories of Resilience in the Era of Anti-AAPI Violence”**

- **Alton Chung, Eleanor Clement-Glass, Robert Kikuchi-Yngojo, Bowen Lyam Lee, Lillian Shoji, Nancy Wang**
- With rising anti-Asian violence, Asian American storytellers will share their stories of discrimination and how they worked through it. Following the performances will be 1) a panel with the tellers, 2) then participants will break into small groups. With compassionate listening, share your own stories of discrimination or concerns around racism as an ally, witness or victim. We will come back together for a final whole group share and music to lift us up!

**Jackson Gillman | Eagleview 1 | ECO**

**“Close Encounters of the Natural Kind: An Environmental Story Exploration”**

- One's love of nature is often sparked by a memorable incident. So, what's your story of a peak moment? Whether it being witness to a dramatic sighting, or a pastoral outdoor experience, share your tale. Jackson will model some encounters of his own and encourage others to recount theirs. Tellers might be re-informed in the process, and we'll help each other widen our appreciation of natural wonders. All are welcome to this ECO SIG-sponsored workshop and can benefit from shared reminiscences of our formative connections with nature, by telling, and listening to others. I'll explain the concept of "sticky moments" which have a profound impact on our relationship with nature, and then do a bit of story prompting and modeling. The goal of this workshop, and the bulk of the time, is to allow for group sharing. Appreciations of others' accounts are welcome and we can discuss what resonates with our own experiences. I'll encourage others to follow my example of choosing a short personal vignette, not a saga.



**Milbre Burch | Eagleview 2**

**“Coaching in Community: A Space for Developing Your Work”**

- For decades, Milbre Burch has coached storytellers, working one-on-one and in group sessions. Her intuitive coaching style is based on deep listening, reflecting back what she has heard and focusing on the story world that's unfolding. Bring an eight-minute story sample and put your name in the hat for one of four 20-minute coaching slots. Or come to listen and support others. Either way, please plan to stay for the entire session. The four tellers to be coached will be pre-registered for each session.



**Emily Calabro | Osprey | HSA-PRO**

**“Uncovering the Healing Power of Storytelling in Healthcare Staff”**

- In response to COVID, our 12-hospital healthcare system initiated storytelling events for healthcare workers to assist in healing from trauma. These events foster connections through the shared lived experiences of teams and inspire hope for the future. Within a year, our health system organized 6 in-person events, 4 online watch parties, and featured more than 30 healthcare storytellers across Washington state. We then analyzed the transformative power of storytelling in our healthcare teams.



## FRIDAY JULY 12 - CONTINUED

3:00 - 4:30 pm



**Sheila Arnold and Andrea Kamens | Heron | YES-SIO**  
**“Youth Standing Strong Camp: Creating an Intergenerational Storytelling Community”**

- Since its inception during the pandemic, Artists Standing Strong Together has hosted a dynamic story arts camp for young people ages 5-18. In this presentation, we will discuss the format and efficacy of our virtual, international Youth Standing Strong Camp (YSSC). Being a completely virtual organization, we have mined Zoom and taken the best parts of it to create experiences that are connected, joyful, and authentic.

**Antonio Rocha | Rehearsal Hall**  
**“Hidden Gems”**

- Transitions—the moments in a story where we shift between the character’s intentions and the story’s environment—are hidden gems tucked away in a story well told. Whether you’re your family’s unofficial historian or a professional teller, learning to master these moments will give your stories extra polish and finesse. You will learn how to identify these moments within your stories. You will walk away with the proper set of tools so you can uncover these gems and place them in your work by using your eyes, voice, posture, and hands.



**Alicia Dongjoo Bang | Trillium**  
**“Unlocking the Future of Storytelling in Korea”**

- Join us on a journey through the rich history, transformation, and aspirations of Korean storytelling. In this presentation, we delve into the unique narrative traditions of Korea and their profound impact on the future of storytelling. Discover the essence of Korean storytelling from the perspective of a storyteller and festival planner. Join us for a thought-provoking and passionate discussion about the enchanting world of Korean storytelling.



**Angela Lloyd | Magnolia**  
**“Integrating Washboard Music with Storytelling Programs”**

- This hands-on workshop is a beginner’s introduction to playing the washboard. For an additional fee of \$45, participants will receive 1 washboard, 2 clothespins, 1 kazoo, and a 30” length of ribbon for optional strap. Spoons and kazoos can offer a story program that is just what the post pandemic audience needs to recall chants and rhymes they know by heart.
- **Contact Angela Lloyd by June 1st to reserve your washboard. Email: [atlastproductions4angelalloyd@gmail.com](mailto:atlastproductions4angelalloyd@gmail.com)**



4:30 - 5:30 pm



**Panel Follow-up | Theatre & Livestreamed**  
**“Strong Like Bamboo: Stories of Resilience in the Era of Anti-AAPI Violence”**

- **Alton Chung, Eleanor Clement-Glass, Robert Kikuchi-Yngojo, Bowen Lyam Lee, Lillian Shoji, Nancy Wang**
- With rising anti-Asian violence, Asian American storytellers will share their stories of discrimination and how they worked through it. Following the performances will be 1) a panel with the tellers, 2) then participants will break into small groups. With compassionate listening, share your own stories of discrimination or concerns around racism as an ally, witness or victim. We will come back together for a final whole group share and music to lift us up!

## FRIDAY JULY 12 - CONTINUED

4:00 - 5:15 pm



### Storytelling Chat for Online Attendees | Online via Zoom | HSA

- Watch our programming via our YouTube link and then join a Zoom link with host **Heather Forest** and the **Healing Story Alliance team** to unpack your experiences.

4:40 - 5:15 pm



### Dance with Judith Black | Lawn (Rehearsal Hall if rain) "Dance for Joy!"

- *Dancing for Joy* is an expressive movement practice. Participants are led through a gentle warm-up and then have the opportunity to dance, move, relate or not, through various songs, playing, in their own way to suggestions offered by the dance guide. Participants should wear clothing and shoes that they are comfortable moving in.

5:30 - 6:30 pm

- **Dinner** | Heron, Osprey, Eagleview 1, Rehearsal Hall
- **ECO Dinner** | Eagleview 2

6:45 - 8:45 pm

### National Teller Showcase Theatre & Livestreamed

- **Adam Booth, Elizabeth Ellis, Eth-Noh-Tec; Angela Lloyd, Antonio Rocha**



8:45 - 9:00 pm

### Sunset Viewing | Lawn or Eagleview

9:00 - 10:00 pm



### FRINGE | Gretchen Peterson | Heron

#### "The Stories I Need to Hear - I Had to Make Them Up"

- Throughout history, women have fallen in love with women, but where are their folktales, their myths, their fairy tales? Well, I had to make them up!



### FRINGE | Warren Holleman & Marsha Cline Holleman | Osprey

#### "The Bleeding Horse, the Pregnant Woman, and the Crazy Grandpa: True Tales of a Texas Veterinarian"

- Large-animal veterinarians must deal with obstreperous ranchers, miserable weather, and 2,000 pounds of pain. It's all in a day's work! Think "All Creatures Great and Small" with a Texas twist.



### FRINGE | Bowen Lyam Lee | Eagleview 2

#### "The Children of the Corn"

- According to the Mayan legend, as long as we take care of corn, our lives will be good. Hear multiple characters give voice to our biggest environmental concerns today.

## FRIDAY JULY 12 - CONTINUED

9:00 - 10:30 pm



### SLAM | Rehearsal Hall

- **Loren Niemi, Host**
- Any story, any style - traditional or personal. Unlike previous conferences there are no preliminary bouts, just one and done.
- 10 tellers - 7 minutes each. Names will be drawn to decide on order of tellers.
- Winner will tell at the Oracle Award Ceremony program Saturday evening.

10:00 -  
11:00 pm

- **Story Swaps | Eagleview 2, Osprey**
- **Musical Jam Session | Rehearsal Hall**
- **Note:** Swaps and Jams may continue beyond 11pm for those not taking the Shuttle

Shuttle-PM

Leaves for hotels (Comfort Inn and La Quinta) at 09:15, 10:15, 11:15pm

## SATURDAY JULY 13

Shuttle-AM

Leaves hotels (Comfort Inn and La Quinta) bound for Dumas Bay at 06:45am, 08:00am, 07:30am, 07:45am, 08:40am, 09:10am (10-15 minute trip)

6:30 - 8:50 am

**Breakfast for Dumas residents | Heron, Osprey**

7:30 - 8:00 am



### Early Morning Activities

**Linda Yemoto | Lawn | (ECO)**

#### NW Coast Plants Walk

- Join Linda for an easy walk around the Dumas Centre grounds and down a short trail, learning about many of the native and ornamental plants in the area.



**Wini Vijayakumar | Lawn (Rehearsal Hall if rain)**

#### A Story-Yoga Experience "Breathscapes: Tales and Pranayama from the Heart of Pranapur"

- Dive into oneness, relaxation, balance, and rejuvenation with Wini, an internationally certified yoga instructor and an ETSU Storytelling Masters graduate! Amidst nature's whispers, immerse in "pranayama" – yoga's breath control, drawing from "prana" (life force). Journey through "Pranapur," where each breath technique takes a character's form. This session weaves a tale with yoga, inviting you to embody an ancient healing practice. No attire or experience needed, just a mat/chair and an open heart.

## SATURDAY JULY 13 - CONTINUED

8:00 - 8:30 am



**Early Morning Activities**  
**Coral Conant Gilles | Lawn | ECO**  
**“Wonder Wander”**

- Join Coral, Storytelling Naturalist, in greeting the day by greeting the Earth. Using all of our senses, we'll take a short walk noticing the tiny treasures that surround us. We'll deepen our connection to ourselves, each other, and the Earth through gratitude, listening to the stories of non-human beings, and discovering a different take on land acknowledgements. All abilities welcome. Return to the conference feeling rooted and inspired. Each morning will be different, so join me for both.

8:20 - 8:50 am

**Early Morning Activities**  
**Angela Lloyd | Eagleview 1**  
**“Wake Up and Sing”**



9:00 - 10:30 am



**Antonio Rocha | Theatre and Livestreamed**  
**“The Malaga Ship: A Story of Maine and the Middle Passage”**

- This poetically toned historical tale is told mostly from the perspective of the ship. Including song, set elements, and Antonio's unique style, the story explores the impact of the slave trade through Antonio's relationships to Maine, where the ship was built, Africa, Brazil and himself. (45 minutes plus a discussion with the audience.)



**Fran Stallings | Eagleview 1 | ECO**  
**“Stealth Eco-Telling: Putting Your Repertory Where Your Heart Is”**

- “I want to help the environment but I don't tell Nature stories.” No problem. STORIES YOU ALREADY KNOW have messages about connections, responsibility, unintended consequences, and basic environmental principles. PHD biologist/storyteller Fran Stallings will put a green perspective on familiar stories, helping you see your repertoire anew. You'll consider how (much) to emphasize environmental advocacy, and how to avoid eco-downers.



**Laura Packer | Osprey | YES**  
**“Playful Creativity: Breaking Blocks, Deepening Telling, Fooling Your Troubles Away”**

- Everyone gets stuck sometimes and it is so frustrating. Blocks may seem insurmountable, but they're not. Sometimes a little outside-the-box thinking can help. This highly interactive, playful workshop will help you find your way back to your creative self, with fun, easy activities that help break blocks, create new ideas, and sprout stories. Expect to play games, collaborate, brainstorm, improvise, smile, a-ha, and laugh. You'll leave with a toolkit, a handout, and some new ideas!

## SATURDAY JULY 13 - CONTINUED

9:00 - 10:30 am



**Sam Payne | Heron | SIO-PRO**

### **“Creating a Pitch-Perfect Story-based Podcast”**

- Join Sam Payne of *The Apple Seed Podcast* to learn how to create a story-based podcast that will connect your unique voice to your specific target audience. This interactive workshop focuses on creating content and how to pitch it. Each participant will walk away with a podcast plan, a sample recording (please bring a phone or iPad), a practiced pitch, and an invitation to pitch it to *The Apple Seed*.



**Rona Leventhal | Rehearsal Hall | YES**

### **“Physicality in Stories: Remembering We Have a Body!”**

- Storytelling is an oral tradition. Yet as performers our bodies also can speak volumes. We will explore the many ways we can include both large and subtle movements to help tell a story effectively and how movement can compliment the voice. This is an exploration. Very participatory and active! Come ready to play and take risks in a safe environment and walk away with new tools! Wear loose, comfortable clothes.

10:30 - 10:45  
am

**Break**

10:45 am -  
12:15 pm



**Elizabeth Ellis | Theater and Livestreamed**

### **“Vulnerability: Your Storytelling Superpower”**

- The deep work of the artist (storyteller) requires both the teller and the listener to be vulnerable together. Whether we are asking them to laugh, cry, be frightened or outraged, we are requesting their vulnerability. The teller needs to take the lead in modelling this for the listener. Using humor, storytelling, writing and spoken word exercises, and guided imagery, issues of Authenticity, Risk, Fear and Self-Censorship will be examined. "Above all, take a chance. Sing like blood going down a vein." -Mary Oliver, Poet



**Lani Peterson | Eagleview 1 | HSA**

### **“From Thin to Thick: Developing Your Personal Stories into Healing Stories”**

- Not every personal story is a healing story. What is the difference? More importantly, what is the work a teller can do to transform a challenging personal story into a healing story, both for their own sake as well as for their audience? This highly exploratory workshop will guide participants to walk around and through a “constraining” personal story to transform it into an empowering message of resilience and possibility, ready to profoundly touch another.

## SATURDAY JULY 13 - CONTINUED

10:45 am -  
12:15 pm



**Milbre Burch | Eagleview 2 | SIO**

### **Coaching in Community: A Space for Developing Your Work**

- For decades, Milbre Burch has coached storytellers, working one-on-one and in group sessions. Her intuitive coaching style is based on deep listening, reflecting back what she has heard and focusing on the story world that's unfolding. Bring an eight-minute story sample and put your name in the hat for one of four 20-minute coaching slots. Or come to listen and support others. Either way, please plan to stay for the entire session. The four tellers to be coached will be pre-registered for each session.



**David Gonzalez | Osprey | PRO**

### **“From the Gymnatorium to the Grand Stage: A Roadmap”**

- Expand your audience, expand your income, expand your horizons. Drawing from his extensive experience as a national touring storyteller, David Gonzalez presents a roadmap in a fun and pragmatic presentation that will inspire and challenge.



**Shreya Biswas | Heron | SIO**

### **“Business and Ethics of Storytelling”**

- An ethical storyteller's responsibility is to communicate their focus, tied into the mission and vision, while being accountable to the community or audience that they impact. In this workshop, we will explore some guiding principles that help us to be ethical while sharing our stories and what little liberties we can take. Last but not least, we will try to understand the vulnerability of the storyteller and try to empower them in their journey.



**Karla Huntsman | Rehearsal Hall | YES**

### **“So, What Do I Do with the Littles?”**

- In this highly interactive workshop, participants will experience professional techniques in story, movement, puppetry and music and will be able to create exciting programs for Pre-K, K, 1, and beyond. Techniques can be adapted for upper grades.



**Richard Reyes | Trillium | SIO-PRO-YES**

### **“Building Inclusive Cultures within Communities Through Personal Storytelling”**

- It's vital that we learn how to create inclusive cultures within communities where everyone feels like their voices are being heard. This session will cover a six-step process on how to build a storytelling culture in a community that connects and inspires all members. We will listen to parts of each other's stories and learn how to mobilize others to share their stories by understanding how to create safe spaces and implementing inclusive storytelling strategies.

## SATURDAY JULY 13 - CONTINUED

10:45 am -  
12:15 pm



**Colin Urwin | Magnolia | YES**

### **“Something Old, Something New: A Story-making Workshop”**

- The rhyme finishes... “Something borrowed” (family anecdotes, scraps of folklore or traditional motifs), “Something blue” (personal memories or emotions), and “A silver sixpence in her shoe” (inspirational material objects or possessions). Following one strand or weaving two or more together, storyteller, singer-songwriter and author Colin Urwin will guide participants through a creative process where 'something old' can be reimagined into a personalized wonder tale that is not just 'something new' but eminently tellable.

12:15 - 1:15 pm

- **Lunch | Heron, Osprey, Rehearsal Hall**
- **SIO Lunch | Osprey**
- **YES Lunch | Eagleview 2**

1:15 - 3:15 pm

**NSN Annual Membership Meeting | Theatre and Livestreamed**

3:15 - 3:30 pm

**Break**

3:30 - 5:00 pm



**Showcase | Theatre and Livestreamed**

### **“Asian American Storytellers in Action: A Tapestry of Braided Stories”**

- **Tellers: Karin Amano, Tobey Anderson, Roopa Mohan, Anne Shimojima, Linda Yemoto**
- Asian American Storytellers in Action will weave personal narratives with myths and folktales into a magical tapestry to entice the audience to a deeper understanding of the story and its connection to the human experience. A diverse showcase around the theme of strength and resilience for inspiring future generations.



**Judith Black | Eagleview 1 | ECO-SIO**

### **“Just Speak Truth to Power”**

- Human experiences and images that resonate in the hearts and imaginations of listeners, aka stories, are the best source for shifting how people think about issues. In this intensive, each participant will identify, and arrive with a social/climate justice issue that they want to advocate for, and a personal experience, a friend or family member's experience, or careful research on the topic. We will draw these into non-didactic tales that can create a bridge to your chosen listeners, nurturing an understanding and empathy that did not exist previously.



## SATURDAY JULY 13 - CONTINUED

3:30 - 5:00 pm



**Eva Abram | Eagleview 2**

### **“Braided Stories: Connections that Enhance the Telling and Listening Experience”**

- This workshop is for those interested in learning how to create stories in new ways. Drawing from their experience and imagination, participants will examine various types of stories, including folktales, history, literary and family stories to discover connections that, braided together, will create new, interesting, and effective stories. Participants should bring various stories to work with: personal, literary, history and folktales. Story sharing will be offered.



**Adam Booth | Osprey | PRO**

### **“Venues, Talent, and Ten Friends: Starting Your Own Storytelling Series”**

- Eleven years ago, I started a storytelling concert series to introduce storytelling and storytellers to my town. Nearly two hundred concerts and a hundred storytellers later, Speak Story Series is a strong nonprofit organization looking to the future of story artistry. Join me for an interactive conversational workshop with practical advice about how the organization did it, what worked, what didn't, programming concerns, audience building, and commissioning new work.



**Judy Sima | Heron | YES**

### **“Turning Memories into Treasured Tales”**

- Have you always wanted to tell personal stories but don't know where to begin? In this highly interactive fun-filled workshop, Judy guides participants through a series of exercises that bring cherished memories to life. Beginning with a list of “Memory Joggers,” participants work with partners to create stories to share on the stage or with family, or as a springboard for writing memoirs.



**Jeff Gere | Rehearsal Hall**

### **“Once Upon a Motion”**

- Here's a classroom tested 'tried and true' participatory technique of infinite variety. It's SIMPLE! Say a short sentence, add a movement, and your audience copies you (call & response)- simple! Gregarious story antics, kinesthetic story mapping & 'puppet-ing the tale' happen. Mind warping fun unfolds. Here's an activity, 'learn-by-doing', open ended, social exploration session. Extend every picture book, open up your storytelling creativity, and come root stories in your body...for the FUN of it!



**Nancy Donoval | Trillium**

### **“Coaching the Difficult Story”**

- Circle of Excellence recipient Nancy Donoval uses her 35+ years as a storyteller, teacher, and story coach to help you develop your stories. Any story is welcome in this session but feel free to bring a segment of a tricky, hard story as Nancy has a special affinity for these. We will focus on how to keep the audience, and yourself, emotionally safe with potentially difficult material. (The four tellers to be coached will be pre-registered.)

## SATURDAY JULY 13 - CONTINUED

3:30 - 5:00 pm



### Norm Brecke and Anne Rutherford | Magnolia “How to Tell a Great Ghost Story”

- Being able to tell a good ghost story makes you a teller in demand. Anne and Norm will share thirteen practical techniques to tell a ghost story well. Then, you'll choose a story from a set of classic ghost tales they'll provide, share in small groups and receive helpful feedback to make it your own. You'll leave energized with a brand new ghost story to share!

5:00 - 5:30 pm

**Free Time** | Last chance to shop for books and auction items.

5:30 pm

**Auction and Bookstore Close** | Pick up items by close of day at 9:30pm. We do not have this space on Sunday.

5:30 - 6:30 pm

- **Dinner** | Heron, Osprey, Eagleview 1, Rehearsal Hall
- **Storytell Listserv Dinner** | Eagleview 2

6:45 - 8:45 pm

### ORACLE Awards Ceremony | Theatre and Livestreamed

- Presentation of Awards
- Concert by ORACLE winners and SLAM winner

8:45 - 9:00 pm

**Sunset Viewing** | Lawn or Eagleview 1 and 2

9:00 - 10:00 pm



### FRINGE | Milbre Burch | Osprey “Myth America”

- What do an Irish immigrant, an essential worker, an unhoused person and children sharing their unstudied wisdom have in common? Their humanity calls to our own.



### FRINGE | Regina Stoops and Claire Hennessy | Heron “Moving Stories: From across the pond and far from Normal”

- Regina Stoops and Claire Hennessy arrived in California on different paths, each filled with humor, adversity, and chaos. One struggled to blend a family, the other to build a family.

9:00 - 11:00 pm



### Community Dance | Eagleview 1 and 2 “Dance the Night Away!”

- Amy Carroll, Caller
- W. Bruce Reid and Bonnie Zahnow, Musicians



## SATURDAY JULY 13 - CONTINUED

10:00 - 11:00 pm

- **Story Swaps** | Osprey, Heron
- **Musical Jam Session** | Rehearsal Hall
- **Note:** Swaps and Jams may continue beyond 11pm for those not taking the Shuttle

Shuttle-PM

Leaves for hotels (Comfort Inn and La Quinta) at 09:15, 10:15, 11:15pm

## SUNDAY JULY 14

Shuttle-AM

Leaves hotels (Comfort Inn and La Quinta) bound for Dumas Bay at 06:45am, 08:00am, 07:30am, 07:45am, 08:40am, 09:10am (10-15 minute trip)

- **NOTE:** Check out of hotel and bring luggage to Dumas Bay. Luggage will be stored until you leave for the airport.

6:30 - 8:50 am

**Breakfast for Dumas Residents** | Heron, Osprey, Rehearsal Hall

7:00 - 8:55 am

**Breakfast NSN Board Meeting** | Conference Room 1

7:30 - 8:00 am



**Early Morning Activities**  
**Bowen Lyam Lee** | Lawn (Eagleview 2 if rain)  
**"Tai Chi Fusion"**

- Find your flow with Tai Chi Fusion. Tai Chi and Qi Gong for physical, mental, and spiritual good health whether you're standing, sitting, or dancing! It's good for the body, good for the mind, and good for the soul. Not a set you have to learn and memorize. Just follow the simple movements and repeat the easy patterns. All physical ability welcome. If you can visualize it, you can do it! Start your day in the flow!

8:00 - 8:30 am



**Early Morning Activities**  
**Wini Vijayakumar** | Lawn (Rehearsal Hall if rain)  
**"A Story-Yoga Experience "Breathscapes: Tales and Pranayama from the Heart of Pranapur"**

- Dive into oneness, relaxation, balance, and rejuvenation with Wini Vijayakumar, an internationally certified yoga instructor and an ETSU Storytelling Masters graduate! Amidst nature's whispers, immerse in "pranayama" – yoga's breath control, drawing from "prana" (life force). Journey through "Pranapur," where each breath technique takes a character's form. This session weaves a tale with yoga, inviting you to embody an ancient healing practice. No attire or experience needed, just a mat/chair and an open heart.

## SUNDAY JULY 14 - CONTINUED

8:20 - 8:50 am

**Early Morning Activities**  
**Jen and Nat Whitman | Eagleview 1**  
**“Wake Up and Sing”**



9:00 - 10:30 am



**Ellen Munds | Eagleview 1 and Livestreamed | PRO**  
**“The Producer’s Guide: Diversifying your Income Sources”**

- Create financial stability of your storytelling organization and/or event by diversifying the income sources. (Program may be livestreamed.)



**Antonio Rocha | Eagleview 2**  
**“Coaching Session”**

- Antonio Rocha has coached beginners and masters on 5 continents. He will kindly guide you to turn your story presentation into an eloquent work of art. The session will include the big three principals: The eyes, the audience's imagination goes where the teller's eyes go. The hands, the natural paint brushes for the story landscape. Finally, the purposeful pause, which allows the story's emotion to simmer and the audience to enjoy the delights of your work. (The four tellers to be coached will be pre-registered.)



**Robert Kikuchi-Yngojo and Nancy Wang | Osprey | PRO**  
**“Nu Wa Rising: International Storytelling and Cultural Exchanges”**

- The Nu Wa Project is an international delegation to several Asian countries to heal our wounds of cultural separation through the gems of storytelling! Come to this gathering of storytelling and cultural activists where they share their experiences with cross-cultural exchanges in storytelling communities of China, Korea, India, Singapore, and more. Over a period of twenty years, Eth-Noh-Tec led 10 storytelling delegations to these countries to engage in story swapping and cultural sharing.



**Tim Ereneta | Heron | PRO**  
**“The Locative Imagination: Place-based Fantasy Audio Tours”**

- Let's augment reality with stories! Taking a cue from the worlds of gaming and live-action role playing, we'll create an imagined world, and drop stories from it into our real world. Step 1: create stories about people and creatures that never were. Step 2: place those stories on a map. Step 3: share them with the world! Note: a smartphone is helpful, but not required, for this workshop.



**Sherry Norfolk | Rehearsal Hall**  
**“Building Blocks of Learning: Storytelling and Music in Early Childhood”**

- Storytelling and music, in and of themselves, are power tools for learning in early childhood—but by combining them in meaningful ways, they form the Building Blocks of Learning! In this highly interactive workshop, participants will briefly explore some of the relevant research, then turn theory into practice through active demonstrations, discussions, and experiences.

## SUNDAY JULY 14 - CONTINUED

9:00 - 10:30 am



**Catherine Moore | Trillium | HSA**

### **“Story/Able: Restorative and Rehabilitative Storytelling”**

- Our lives are storyable. We all have the power and capacity to share our stories, even though ableism marginalizes people with disabilities. Story/Able shows how storytelling, creativity, and empathy can be used not only to help combat social prejudice against the disabled, but also to make lasting connections and friendships. After experiencing the creative story/sensory activities of Story/Able, participants will be able to implement the applied storytelling techniques in their own work.



**Stephanie Elie-Martin | Magnolia | ECO**

### **“Can Stories Save Us?”**

- I look at the neuroscience and psychology of storytelling to connect its unique power with the needs of society. As the Doomsday Clock ticks ever closer to midnight, overcoming our social, political, economic, and environmental challenges has never been more important. However, research is conclusive - we have lost the ability to dialogue for understanding, civil discourse, with those who don't think like us. The “winner take all, yell like hell” mentality has brought society to the brink of destruction. So how can ordinary citizens work to right our course? Storytelling provides powerful neurobiological benefits to help us overcome these ideological differences. The best part is that we all have stories and we can easily use them to change the course of society. My presentation reviews the research and then discusses practical steps to harnessing the power of storytelling in our personal and organizational lives (I touch on the importance of storytelling for creating high-performing teams).

10:30 - 10:40 am

**Break**

10:40 - 11:40 am



**International Tellers Concert | Eagleview 1-2 and Livestreamed**

- **Alicia Dongjoo Bang** (South Korea)
- **Shreya Biswas** (India)
- **Colin Urwin** (Ireland)
- **Note:** Rehearsal Hall | Same concert; tellers switch rooms and tell twice

11:40 am -  
12:10 pm



**Closing Circle | Angela Lloyd | Lawn (Eagleview 1-2 if rain)**

12:10 - 1:10 pm

**Lunch | Heron, Osprey, Eagleview 1-2**

SUNDAY JULY 14 - CONTINUED

12:00 - 1:15 pm



**Together Again Virtual Gathering Space | Online via Zoom | HSA**

- Watch our programming via our YouTube link and then join a Zoom link with host **Heather Forest** and the **Healing Story Alliance team** to unpack your experiences.

1:00 pm

**Room Check-out deadline at Dumas Bay Centre**



# THANK YOU!

<b>Conference Committee</b>	<p>Margaret Read MacDonald and Delanna Reed, Co-Chairs</p> <ul style="list-style-type: none"><li>• Eva Abram and Barry McWilliams   Seattle Storytelling Guild</li><li>• Sara Armstrong (YES)</li><li>• Barry McWilliams and Lisa Overholser (PRO)</li><li>• Lisa Williams (SIO)</li><li>• Linda Yemoto (ECO)</li><li>• Heather Forest and Lani Peterson   Healing Story Alliance, Inc.</li></ul> <p>Trudy Hanson, NSN Chair Bob Johnson, Treasurer Rishi Nixon, Finance Dot Cleveland, Staff</p>
<b>Virtual Ticket</b>	Heather Forest
<b>Logo</b>	Tina Tomiyama
<b>Sponsors   Donors</b>	<p>Elizabeth Ellis Trudy Hanson Parkhurst Brothers Publishers   Ted Parkhurst PowellsWood Gardens The Story People of Clallam County Youth, Educators and Storytellers (YES) Special Interest Group</p>
<b>Hosts</b>	<p>Seattle Storytelling Guild and these Northwest Storytelling Guild Partners:</p> <ul style="list-style-type: none"><li>• Bellingham Storytelling Guild</li><li>• The Story People of Clallam County</li><li>• Portland Storytelling Guild</li><li>• South Sound Storytellers</li><li>• Fireside Storytellers</li></ul>